

# Bibione Beach Fitness 2020

Stage 1 MOOVE & FUN	Stage 2 STEP AERO SCHOOL	Stage 3 FUNCTIONAL & TONE	Stage 4 YOGA & PILATES	Stage 5 FLEX STRETCH & TONE	Stage 6 NEW FORMAT	Stage 7 COMBAT FUN	Stage 8 INSTRUCTOR TEAM	Stage 9 INSTRUCTOR TEAM	Stage 10 INSTRUCTOR TEAM	Stage 11 INSTRUCTOR TEAM	Stage 12 IG ACADEMY PISCINA	Stage 13	Stage 14 CROSS FIT
15.00 - 15.45 Nicolas Rosan COUNTRY FITNESS*	15.00 - 15.45 Allegra Deevasis EUROEDUCATION ITALY STEP	15.00 - 15.45 Joan Altisen ONEKOR ENERGY*	15.00 - 15.45 E. Mauri   S. De Luca YOGA FLEX FITNESS*	15.00 - 15.45 Enrico Ceron STRETCH BAND	15.00 - 15.45 L.Nunez   M.Hola REGGAETON FITNESS*	15.00 - 15.45 Vincenzo Mazzarella GROUPBOXING* ACADEMY	15.00 - 15.30 M. Migliorino   V. Salsarulo VERTICAL STEP	15.00 - 15.30 Beba Silvera Ramos BALLA&BRUCIA*	15.00 - 15.30 F. Torres   C. Borbon ZUMBA* FITNESS	15.00 - 15.30 Antonio Augelli MACUMBA*	15.00 - 15.30 Fabio di Cintio FB SPLASH	-	15.00 - 15.50 CrossFit
16.00 - 16.45 G.Raineri   M.Piovesan   C.Inverardi REEJAM*	16.00 - 16.45 D. Matteotti   S. Scarfò STEPPISSIMO	16.00 - 16.45 A.Piccinini   S.Magliola D.Magliola   M.Giuliani CROSSCARDIO*	16.00 - 16.45 Cristiano Lollo OLISTIC WORKOUT - HATA YOGA	16.00 - 16.45 Liubov Koneva FLEX&MOTION	16.00 - 16.45 Catalina Albu PILOXING* SSP	16.00 - 16.45 Maximilian Arcidiaco THAI FIT KOMBAT*	15.40 - 16.10 Mirko Crotti STEP WITH ME	15.40 - 16.10 A. Castillo   M. Borrel ZUMBA* FITNESS	15.40 - 16.10 Mattia Diamantini ZUMBA* FITNESS	15.40 - 16.10 Sara Scaffidi TRAINING R-EVOLUTION	HIT HIGH INTENSITY INTERVAL TRAINING	-	16.00 - 16.50 CrossFit
17.00 - 17.45 T. Da Silva   A. Cruz RITMO DO BRAZIL	17.00 - 17.45 R. Fontana   C. Onofrio REESTEP	17.00 - 17.45 M.Franceschino   D.Borzetti   N.Mirra POUND ROCKOUT WORKOUT*	17.00 - 17.45 E. Olivieri   T. Musiari YOGA REBEL™	17.00 - 17.45 Chiara Bertozzo ANIMAL FLOW *	17.00 - 17.45 Eduardo Da Silva REVOLUTION SAMBAFIT*	17.00 - 17.45 Sara Tonon BOXEMOTION*	16.20 - 16.50 Luca Airaghi STEP SURPRISE	16.20 - 16.50 G. Givonetti   S. Laruffa FUNCTIONAL CONDITIONIG FUN	16.20 - 16.50 A. Berti   M. Vai ZUMBA* FITNESS	16.20 - 16.50 Simona Esu DIAMONO FITNESS*	17.00 - 17.30 Giuseppe Buetto COREH2O	-	17.00 - 17.50 CrossFit
18.00 - 18.45 Juan Miguel   Stefania Sarale ZUMBA* FITNESS	18.00 - 18.45 Elisa Maggio EUROEDUCATION ITALY STEP	18.00 - 18.45 Giorgio Radici POWER & FUNCTIONAL	18.00 - 19.00 Steve Testolin POWER YOGA	18.00 - 18.45 Jairo Junior VIBEROLL	18.00 - 18.45 Fabrizio Pellecchia B.F.T	18.00 - 18.45 M. Crespi   M. Guidelli BOXEUP*	17.00 - 17.30 M.Colaprisca   C. Blasini ZUMBA* FITNESS	17.00 - 17.30 Emanuela Visconti FUNNY DANCE	17.00 - 17.30 K. Forzutti   G. Palombella ZUMBA* FITNESS	17.00 - 17.30 Ornella Mormone ZUMBA* FITNESS	17.40 - 18.10 Fabio di Cintio ACQUA COMBACT	-	-

## Saturday September 19<sup>th</sup>

Stage 1 MOOVE & FUN	Stage 2 STEP AERO SCHOOL	Stage 3 FUNCTIONAL & TONE	Stage 4 YOGA & PILATES	Stage 5 FLEX STRETCH & TONE	Stage 6 NEW FORMAT	Stage 7 COMBAT FUN	Stage 8 INSTRUCTOR TEAM	Stage 9 INSTRUCTOR TEAM	Stage 10 INSTRUCTOR TEAM	Stage 11 INSTRUCTOR TEAM	Stage 12 IG ACADEMY PISCINA	Stage 13 DREAM TEAM CYCLING	Stage 14 CROSS FIT
10.00 - 10.45 A. Angulo   F. Boriani SALSATION*	10.00 - 10.45 Mirjan Tahiraj STEPCONCEPT	10.00 - 10.45 M.Franceschino   D.Borzetti   N.Mirra POUND ROCKOUT WORKOUT*	10.00 - 10.45 Steve Testolin POWER YOGA	10.00 - 10.45 L. Caporicci   C. Spurio TRGTS FITNESS SCHOOL FLEX'N TONE	10.00 - 10.45 Michela Di Tecco PILOXING* BARRE	10.00 - 10.45 Maximilian Arcidiaco THAI FIT*	10.00 - 10.30 Daniele Matteotti SPRITZSTEP	10.00 - 10.30 Emanuela Visconti FUNNY DANCE*	10.00 - 10.30 Antonio Augelli MACUMBA*	10.00 - 10.30 Francesco Dimari REEJAM*	10.00 - 10.30 Buetto Giuseppe JUMP 3D	10.00 - 10.50 D. Rrembeci   E. Gheller SUMMER BREEZE RIDE	10.00 - 10.50 CrossFit
11.00 - 11.45 Alessandro Belletti ZUMBA* FITNESS	11.00 - 11.45 Zena Saheli EUROEDUCATION FRANCE STEP	11.00 - 11.45 Jairo Junior CROSSCARDIO*	11.00 - 11.45 Enrico Ceron SOFT BALL FUSION PILATES	11.00 - 11.45 Salvatore Pagano DYNAMIC POSTURAL	11.00 - 11.45 Reidel Duran INSANY-T*	11.00 - 11.45 Vincenzo Mazzarella GROUPBOXING* ACADEMY	10.40 - 11.10 G. Givonetti   S. Laruffa DOUBLE FUNCTIONAL STEP	10.40 - 11.10 Beba Silvera Ramos BALLA&BRUCIA*	10.40 - 11.10 Martina Sabatti ZUMBA* FITNESS	10.40 - 11.10 Nicolas Rosan COUNTRY FITNESS*	10.40 - 11.10 Cristina Tandurella ACQUAMOVIDA	11.00 - 11.50 E. Eusebione   C. Tornaghi CIRCLE OF FIRE	11.00 - 11.50 CrossFit
12.00 - 12.45 Laura Cristina & Crew REEJAM*	12.00 - 12.45 G. Lopes   T. Rapillo GLP ACADEMY DANCE	12.00 - 12.45 Giorgio Radici KEEP IN STRONG	12.00 - 12.45 E. Mauri   S. De Luca YOGA FLEX FITNESS*	12.00 - 12.45 Chiara Bertozzo ANIMAL FLOW *	12.00 - 12.45 Eduardo Da Silva REVOLUTION SAMBAFIT*	12.00 - 12.45 Sara Tonon BOXEMOTION*	11.20 - 11.50 M. Migliorino   V. Salsarulo STEP IN BLACK	11.20 - 11.50 M. Travner   E. Forin ZUMBA* FITNESS	11.20 - 11.50 F. Torres   C. Borbon ZUMBA* FITNESS	11.20 - 11.50 Francesca Sposato MOVIDA FITNESS*	11.20 - 11.50 Ilenia Cicala FIRE FIST	12.15 - 13.00 L. Lavarini   E. De Nadai ENDURANCE RIDE	12.00 - 12.50 CrossFit
13.00 - 13.45 Miguel Benitez REGGAETON FITNESS*	13.00 - 13.45 S. Pagano   L. Franco FORFITACADEMY STEP	13.00 - 13.45 L. Sommo   N. Rossi TRAINING R-EVOLUTION	13.00 - 13.45 E. Olivieri   T. Musiari YOGA REBEL™	13.00 - 13.45 Cecilia Migliosi POSTURAL FUSION	13.00 - 13.45 Fabrizio Pellecchia B.F.T	13.00 - 13.45 M. Crespi   M. Guidelli BOXEUP*	12.00 - 12.30 Luca Airaghi STEP ENERGY	12.00 - 12.30 Italian Team ONEKOR ENERGY*	12.00 - 12.30 Michela Zini ZUMBA* FITNESS	12.00 - 12.30 Alejandro Zanella ZUMBA* FITNESS	12.00 - 12.30 Fabio di Cintio JUMP 3D	13.00 - 13.30 PAUSA	PAUSA
14.00 - 14.45 T. Da Silva   A. Cruz RITMO DO BRAZIL	14.00 - 14.45 G. Piccoli   A. Ferrante + CREA FITNESS DANCE	14.00 - 14.45 L.Caporicci   A.Gianesella   C.Spurio TRGTS FITNESS SCHOOL I TONE	14.00 - 14.45 Giovanni Reberschak YOGA FITNESS*	14.00 - 14.45 Liubov Koneva FLEX&MOTION	14.00 - 14.45 A. Ribichesu   A. Orazi FIT GROOVE*	14.00 - 14.45 Marianna Perruno FIT KOMBAT*	13.20 - 13.50 Noemi Foti SUMMER STEP	13.20 - 13.50 Marcello Vicini FIT MOVING*	13.20 - 13.50 Marta Sanna ZUMBA* FITNESS	13.20 - 13.50 M. Casagrande   D. Benetti ZUMBA* FITNESS	13.20 - 13.50 Micaela Cillerai AQUAJOY*	14.00 - 14.50 N. Malagoli   M. Parrino SUN WAVES ROCKMOUNTAIN	15.00 - 15.50 CrossFit
15.00 - 15.45 Roch's Flow ZUMBA* FITNESS	15.00 - 15.45 Ary Marques REESTYLE	15.00 - 15.45 Joan Altisen POWER*	15.00 - 15.45 E. Mauri   S. De Luca PILATES & FLEXIBILITY	15.00 - 15.45 Cristiano Lollo OLISTIC WORKOUT - ANIMALS	15.00 - 15.45 Carmen Frasca PILOXING* BOOTY BUILDER*	15.00 - 15.45 Maximilian Arcidiaco FUNCTIONAL THAI FIT*	14.40 - 15.10 Anna Piccinini SUPA FRESH DANCE FIT*	14.40 - 15.10 Sara Destro SH'BAM*	14.40 - 15.10 Veronica Rizzo ZUMBA* FITNESS	14.40 - 15.10 Elisa Leonetti REGGAETON FITNESS*	14.40 - 15.10 Ilenia Cicala FLUJIBALL WAVE	15.00 - 15.50 Mauro Toscano COMPETITION CHALLENGE RIDE	16.00 - 16.50 CrossFit
16.00 - 16.45 Max Imperoli MACUMBA*	16.00 - 16.45 Guillermo Gonzales Vega EUROEDUCATION STEP	16.00 - 16.45 Alessandro Muò FUNCTIONAL STEP	16.00 - 16.45 Lorenzo Sommo NATURAL MOOVES	16.00 - 16.45 Jairo Junior VIBEROLL	16.00 - 16.45 Reidel Duran INSANY-T*	16.00 - 16.45 Sara Tonon BOXEMOTION*	15.20 - 15.50 Daniele Santoro FUNCTIONAL FUN	15.20 - 15.50 M.Galluzzi   R.Espinola   A.Nannetti BYC FIT 4BEAT	15.20 - 15.50 G. Leccese   K. Oi Oi ZUMBA* FITNESS	15.20 - 15.50 V. Rizzi   B. Fabbri REEJAM*	15.20 - 15.50 Redo Alessandro COREO AND FUN	16.00 - 16.10 F. D'incà   T. Bortolin EXPERIENCE RIDE	17.00 - 17.50 CrossFit
17.00 - 17.45 Hermann Melo ZUMBA* FITNESS	17.00 - 17.45 G. Lopes   T. Rapillo GLP ACADEMY STEP	17.00 - 17.45 S. Pagano   L. Franco METABOLIC WORKOUT	17.00 - 17.45 Simona Giusti FINAL PILATES MATWORK	17.00 - 17.45 Enrico Ceron STRETCH BAND	17.00 - 17.45 Salvo Oliverio REAL BALL FITNESS*	17.00 - 17.45 Vincenzo Mazzarella GROUPBOXING* ACADEMY	16.40 - 17.10 G.Petrai   E.Blandamura   S.Galassi BYC FIT G.E. BOXE	16.40 - 17.10 G. Gandelli   P. Bellini BYC FIT STRONG&RUN	16.40 - 17.10 Fabiola Marchio ZUMBA* FITNESS	16.40 - 17.10 Matteo Piovesan BOOJIAK*	16.40 - 17.10 Giuseppe Buetto COREH2O	-	-
STREET WORKOUT ON THE BEACH Lorenzo Maresca e Marzia Marcellino ORE 13.00 - (ritrovo presso area CrossFit)												-	-
HIT HIGH INTENSITY INTERVAL TRAINING												-	-

## Sunday September 20<sup>th</sup>

Stage 1 MOOVE & FUN	Stage 2 STEP AERO SCHOOL	Stage 3 FUNCTIONAL & TONE	Stage 4 YOGA & PILATES	Stage 5 FLEX STRETCH & TONE	Stage 6 NEW FORMAT	Stage 7 COMBAT FUN	Stage 8 INSTRUCTOR TEAM	Stage 9 INSTRUCTOR TEAM	Stage 10 INSTRUCTOR TEAM	Stage 11 INSTRUCTOR TEAM	Stage 12 IG ACADEMY PISCINA	Stage 13 DREAM TEAM CYCLING	Stage 14 CROSS FIT
10.00 - 10.45 A. Belletti & Roch's Flow ZUMBA* FITNESS	10.00 - 10.45 G. Lopes   G. Gonzales Vega GLAM DANCE	10.00 - 10.45 L. Sommo   N. Rossi TRAINING R-EVOLUTION	10.00 - 10.45 E. Mauri   S. De Luca YOGA FLEX FITNESS*	10.00 - 10.45 Jairo Junior MOBILITY	10.00 - 10.45 Michela Di Tecco PILOXING* SSP	10.00 - 10.45 M. Crespi   M. Guidelli FREE UP*	10.00 - 10.30 S. Destro   C. Inverardi REEJAM*	10.00 - 10.30 Marcello Vicini FIT MOVING *	10.00 - 10.30 Elisa Leonetti ZUMBA* FITNESS	10.00 - 10.30 G. Leccese   K. Oi Oi ZUMBA* FITNESS	10.00 - 10.30 Fabio di Cintio JUMP 3D	10.00 - 10.50 E. De Nadai   C. Costantini VOJAGE RIDE	10.00 - 10.50 CrossFit
11.00 - 11.45 Max Imperoli MACUMBA*	11.00 - 11.45 Z. Saheli   G. Raineri EUROEDUCATION FRANCE DANCE	11.00 - 11.45 Joan Altisen POWER*	11.00 - 11.45 Romana Crainic PILATES BALLET BARRE	11.00 - 11.45 Sabrina Scarfò TRGTS POSTURAL HUB	11.00 - 11.45 A. Ribichesu   A. Orazi FIT GROOVE*	11.00 - 11.45 Vincenzo Mazzarella GROUPBOXING* ACADEMY	10.40 - 11.10 Noemi Foti MY STEP	10.40 - 11.10 Nathali e Duay Alomia ZUMBA* FITNESS	10.40 - 11.10 V. Rizzi   B. Fabbri REEJAM*	10.40 - 11.10 Eulalia La Ruina ZUMBA* FITNESS	10.40 - 11.10 Redo Alessandro DINAMIC ACQUA PILATES	11.00 - 11.50 M. Parrino   M. Iacotti DEEP IMPACT RIDE	11.00 - 11.50 CrossFit
12.00 - 12.45 Miguel Benitez REGGAETON FITNESS*	12.00 - 12.45 G. Piccoli   A. Ferrante + CREA FITNESS STEP	12.00 - 12.45 Jairo Junior CROSSCARDIO*	12.00 - 12.45 Giovanni Reberschak FIT PILATES*	12.00 - 12.45 Chiara Bertozzo ANIMAL FLOW*	12.00 - 12.45 Salvo Oliverio REAL BALL FITNESS*	12.00 - 12.45 Maximilian Arcidiaco THAI FIT SHAO*	11.20 - 11.50 Marta Sanna STRONG NATION™	11.20 - 11.50 Beba Silvera Ramos BALLA&BRUCIA*	11.20 - 11.50 R. Vanzella   G. Tasca ZUMBA* FITNESS	11.20 - 11.50 Cindy Giuffrida ZUMBA* FITNESS	11.20 - 11.50 Giuseppe Buetto COREH2O	13.00 - 13.50 PAUSA	12.00 - 12.50 CrossFit
13.00 - 13.45 Hermann Melo ZUMBA* FITNESS	13.00 - 13.45 Mirjan Tahiraj DANCECONCEPT	13.00 - 13.45 Alessandro Muò BODY IN ACTION	13.00 - 13.45 E. Olivieri   T. Musiari YOGA REBEL™	13.00 - 13.45 Cristiano Lollo QI WELL & POSTURAL	13.00 - 13.45 Reidel Duran INSANY-T*	13.00 - 13.45 Sara Tonon BOXEMOTION*	12.40 - 13.10 Matteo Ballerio FBS SEVEN	12.40 - 13.10 Daniele Santoro FUNCTIONAL FUN	12.40 - 13.10 Mattia Diamantini ZUMBA* FITNESS	12.40 - 13.10 Alejandro Zanella ZUMBA* FITNESS	12.40 - 13.10 Ilenia Cicala FIRE FIST	13.00 - 13.50 E. Eusebione   C. Tornaghi BRAVE CLIMBING RIDE	PAUSA
14.00 - 14.45 T. Da Silva   A. Cruz RITMO DO BRAZIL	14.00 - 14.45 Ary Marques REESTEP	14.00 - 14.45 M.Franceschino   D.Borzetti   N.Mirra POUND ROCKOUT WORKOUT	14.00 - 14.45 Enrico Ceron SOFT BALL FUSION PILATES	14.00 - 14.45 Jairo Junior VIBEROLL	14.00 - 14.45 Catalina Albu PILOXING* BOOTY BUILDER	14.00 - 14.45 M. Crespi   M. Guidelli BOXEUP*	13.20 - 13.50 Cristina Tandurella GLAM STEP	13.20 - 13.50 Fabio Bontempo STEP CONDITIONING	13.20 - 13.50 Roberta Cascio ZUMBA* FITNESS	13.20 - 13.50 Simona Esu DIAMONO FITNESS*	13.40 - 14.10 Jaromir   Micaela ACQUA ZUMBA*	14.00 - 14.50 F. D'incà   T. Bortolin DREAM TEAM ESSENCE RIDE	15.00 - 15.50 CrossFit
15.00 - 15.45 C. Onofrio   R.Fontana   A.Piccinini REEJAM*	15.00 - 15.45 G.Martini   A. Deevasis   E. Maggio EUROEDUCATION ITALY STEP	15.00 - 15.45 Andrea Gianesella TRGTS FITNESS SCHOOL HIT SWEAT	15.00 - 15.45 Giovanni Reberschak YOGA FIT PILATES*	15.00 - 15.45 Alice Pierro FINAL PILATES STRETCH	15.00 - 15.45 Eduardo Da Silva REVOLUTION SAMBAFIT*	15.00 - 15.45 Vincenzo Mazzarella GROUPBOXING* ACADEMY	14.00 - 14.30 Cristian Cacace H.D.P.	14.00 - 14.30 Nicolas Rosan COUNTRY FITNESS*	14.00 - 14.30 D. Benetti   M. Casagrande ZUMBA* FITNESS	14.00 - 14.30 Antonio Augelli MACUMBA*	14.00 - 14.50 Fabio di Cintio FB SPLASH	15.00 - 15.50 M. Epifani   M. Toscano THE FINAL COUNTDOWN RIDE	16.00 - 16.50 CrossFit
16.00 - 16.45 A. Angulo   F. Boriani SALSATION*	16.00 - 16.45 Guillermo Gonzales Vega GLAM DANCE	16.00 - 16.45 A. Friso   B. Blum TRAINING R-EVOLUTION	-	-	-	-	-	-	-	-	-	-	-
STREET WORKOUT ON THE BEACH Lorenzo Maresca e Marzia Marcellino ORE 13.00 - (ritrovo presso area CrossFit)												-	-